



Herbs & Spices by Season

Discover some of the herbs and spices you can grow with us. The list features common and seasonal favorites, but it's not limited — you can explore other options too! Each includes growth time, benefits, and difficulty, and we manage your plot for you.

Items not limited to what's shown here.

Spring:

Basil

- Growth Time: 60–90 days
- Benefits: Rich in antioxidants, supports digestion and reduces inflammation
- Difficulty: Easy

Chives

- Growth Time: 60–80 days
- Benefits: High in vitamins A & C, supports immunity and heart health
- Difficulty: Easy

Cilantro (Coriander)

- Growth Time: 45–70 days
- Benefits: Aids digestion, detoxifies heavy metals, supports blood sugar balance
- Difficulty: Moderate

Dill

- Growth Time: 40–60 days
- Benefits: Aids digestion, rich in antioxidants, supports bone health
- Difficulty: Easy

Parsley

- Growth Time: 70–90 days
- Benefits: High in vitamins A, C & K, supports bone and eye health

- Difficulty: Moderate

Tarragon

- Growth Time: 70–90 days
- Benefits: Supports digestion, rich in antioxidants, helps regulate blood sugar
- Difficulty: Moderate

Lovage

- Growth Time: 85–100 days
- Benefits: Aids digestion, anti-inflammatory, supports respiratory health
- Difficulty: Moderate

Fennel

- Growth Time: 80–100 days
- Benefits: Aids digestion, supports hormonal balance, rich in vitamin C
- Difficulty: Moderate

Chervil

- Growth Time: 60–70 days
- Benefits: High in antioxidants, supports eye and bone health
- Difficulty: Moderate

Lemon Verbena

- Growth Time: 80–120 days
- Benefits: Promotes relaxation, aids digestion, supports respiratory health
- Difficulty: Moderate

Borage

- Growth Time: 60–80 days
- Benefits: Supports skin health, anti-inflammatory, rich in omega-6
- Difficulty: Easy

Sorrel

- Growth Time: 60–90 days
- Benefits: High in vitamin C, supports digestion and immune health
- Difficulty: Easy

 **Summer:**

Basil

- Growth Time: 60–90 days
- Benefits: Rich in antioxidants, supports digestion and reduces inflammation
- Difficulty: Easy

Oregano

- Growth Time: 80–100 days
- Benefits: Antibacterial, supports immune system and digestion
- Difficulty: Moderate

Rosemary

- Growth Time: 85–120 days
- Benefits: Improves memory, circulation, and supports hair growth
- Difficulty: Moderate

Sage

- Growth Time: 75–90 days
- Benefits: Supports brain function, rich in antioxidants, aids oral health
- Difficulty: Moderate

Thyme

- Growth Time: 80–90 days
- Benefits: Antimicrobial, supports respiratory health and digestion
- Difficulty: Moderate

Marjoram

- Growth Time: 70–90 days
- Benefits: Supports heart and digestive health, has calming effects
- Difficulty: Moderate

Savory

- Growth Time: 60–70 days
- Benefits: Aids digestion, anti-inflammatory, supports immune health
- Difficulty: Easy

Mint (Peppermint, Spearmint)

- Growth Time: 60–90 days
- Benefits: Aids digestion, relieves headaches, promotes relaxation
- Difficulty: Easy

Lemon Balm

- Growth Time: 70–90 days
- Benefits: Calming herb, supports sleep and stress relief

- Difficulty: Easy

Bay Leaves

- Growth Time: 120–180 days
- Benefits: Supports digestion, anti-inflammatory, adds aroma to dishes
- Difficulty: Moderate

Hot Peppers (Cayenne, Jalapeño)

- Growth Time: 70–100 days
- Benefits: Boosts metabolism, supports heart health, rich in vitamin C
- Difficulty: Moderate

Stevia

- Growth Time: 90–120 days
 - Benefits: Natural sweetener, supports blood sugar balance
 - Difficulty: Moderate
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Fall:

Oregano

- Growth Time: 80–100 days
- Benefits: Antibacterial, supports immune system and digestion
- Difficulty: Moderate

Rosemary

- Growth Time: 85–120 days
- Benefits: Improves memory, circulation, and supports hair growth
- Difficulty: Moderate

Sage

- Growth Time: 75–90 days
- Benefits: Supports brain function, rich in antioxidants, aids oral health
- Difficulty: Moderate

Thyme

- Growth Time: 80–90 days
- Benefits: Antimicrobial, supports respiratory health and digestion
- Difficulty: Moderate

Garlic (planting for next year)

- Growth Time: 90–120 days

- Benefits: Supports heart health, contains antioxidants, immune booster
- Difficulty: Moderate

Ginger (if climate allows)

- Growth Time: 180–240 days
- Benefits: Supports digestion, reduces inflammation, boosts immunity
- Difficulty: Moderate

Winter Savory

- Growth Time: 60–70 days
- Benefits: Aids digestion, antibacterial, adds robust flavor
- Difficulty: Easy

Lovage

- Growth Time: 85–100 days
- Benefits: Aids digestion, rich in vitamin C, supports kidney function
- Difficulty: Moderate

Chervil (for cool climate)

- Growth Time: 50–60 days
- Benefits: High in vitamins C & A, supports bone health and digestion
- Difficulty: Easy

Fennel (for seeds)

- Growth Time: 90–115 days
- Benefits: Aids digestion, anti-inflammatory, supports hormonal balance
- Difficulty: Moderate

Marjoram

- Growth Time: 70–90 days
- Benefits: Supports heart and digestive health, has calming effects
- Difficulty: Moderate

Tarragon

- Growth Time: 90–120 days
 - Benefits: Supports digestion, helps regulate blood sugar, antioxidant
 - Difficulty: Moderate
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Winter:

Rosemary

- Growth Time: 85–120 days
- Benefits: Improves memory, circulation, and supports hair growth
- Difficulty: Moderate

Thyme

- Growth Time: 80–90 days
- Benefits: Antimicrobial, supports respiratory health and digestion
- Difficulty: Moderate

Sage

- Growth Time: 75–90 days
- Benefits: Supports brain function, rich in antioxidants, aids oral health
- Difficulty: Moderate

Bay Leaves (indoors or greenhouse)

- Growth Time: 180–240 days
- Benefits: Aids digestion, supports heart health, aromatic culinary use
- Difficulty: Moderate

Garlic (indoors/greenhouse)

- Growth Time: 90–120 days
- Benefits: Supports heart health, contains antioxidants, immune booster
- Difficulty: Moderate

Chives (indoors)

- Growth Time: 60–80 days
- Benefits: Rich in vitamins A & C, aids digestion, supports immunity
- Difficulty: Easy

Parsley (indoors)

- Growth Time: 70–90 days
- Benefits: Rich in vitamin K, supports bone health and detoxification
- Difficulty: Easy

Mint (indoors)

- Growth Time: 60–90 days
- Benefits: Aids digestion, relieves stress, supports oral health
- Difficulty: Easy

Oregano (indoors)

- Growth Time: 80–100 days
- Benefits: Antibacterial, supports immune system and digestion
- Difficulty: Moderate

Marjoram (indoors)

- Growth Time: 70–90 days
- Benefits: Supports heart and digestive health, has calming effects
- Difficulty: Moderate